

**'CyberSense'** – Preventing unwanted or inappropriate behaviour associated with technology  
**Module 1: Strategies to de-escalate conflict using questions and apologies**

Lesson Plan 7	<b>Circle of Support</b>
Resources	'CyberSense' website, smart board, projector & additional activity.
Aims	Pupils should have access to, "...high profile displays of help lines and groups that young people could go to for confidential support". This is a requirement set out by OFSTED in the 2013 PSHE report.
Objectives	<p>To consider existing support networks.</p> <p>To identify individuals and organisations where support can be accessed, developing new support networks.</p> <p>To identify positive actions pupils might take in order to become active members of a 'circle of support' for their class mates.</p> <p>To share their ideas on the development of a 'circle of support' with their peers.</p>
Starter	<p>There are eight characters within this exercise, click on the top four to reveal the labels; friend, family, youth worker and teacher. Discuss each of these in turn and ask pupils to think of specific individuals in each of these categories who they could ask for help.</p> <p>These characters can then be dragged and dropped into the 'circle of support'. They can also be ranked in terms of how supportive they are, the most supportive into slot number 1, the next most supportive into slot number 2 and so on.</p>
Introduction	<p>Split the class into smaller groups and ask them to identify labels for the four remaining characters in the exercise. It is useful if these labels refer to specific individuals in school or the local community - but they may have to be more general categories to accommodate differences between pupils.</p> <p>Ask the groups to share their labels with the rest of the class. Choose the most popular answers and insert those names into the four remaining characters in the diagram.</p>
Development	<p><b>It is important that pupils realise that <i>they</i> can be part of other peoples support networks.</b></p> <p>Ask pupils to discuss what they might do to be more supportive of people who have been affected by cyber-bullying. An example of a single action is included on the template provided.</p> <p>Working in small groups, ask the pupils to complete the template, identifying five further positive actions that they might take to challenge cyber-bullying (<b>online bullying</b>).</p>
Plenary	<p>Allow pupils to share their recommendations for actions which an individual might take in order to be an active member of a 'circle of support'.</p> <p>You might want to identify the most appropriate actions on a class list and display this on a classroom wall.</p>
Assessment	The list of actions identified by members of the class can be assessed.
Differentiation / Additional activities	Additional activities are supplied in the form of the newsletter, power-point presentation and poster exercises (templates are included).